



## Grow Series: The Lord's Supper



### Welcome Question

"What is the Lord's Supper?"

### Large Group Lesson

This week we're talking about the Lord's Supper and why we practice this. That's our welcome question this week as well, "What is the Lord's Supper?"

### What is the Lord's Supper?

The Lord's Supper is an act we participate in during church that symbolizes the breaking of Christ's body and the shedding of His blood on the cross for us and our sins. It's not a real supper or even a sit down dinner. As a church, we drink grape juice and eat pieces of bread. And through that act we're reminded as a church the importance of Jesus' death, burial and resurrection. Sometimes you might hear it called Communion.

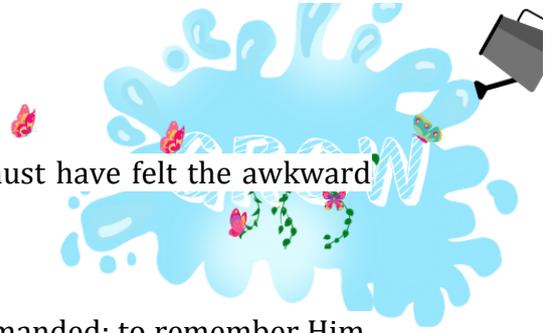
<https://www.youtube.com/watch?v=Cau9Hys25Mg>

Now that we've seen what that supper might have looked like, let's read from Luke 22 what happened.

**Luke 22:14-20:** *And when the hour came, he reclined at table, and the apostles with him. 15 And he said to them, "I have earnestly desired to eat this Passover with you before I suffer. 16 For I tell you I will not eat it until it is fulfilled in the kingdom of God." 17 And he took a cup, and when he had given thanks he said, "Take this, and divide it among yourselves. 18 For I tell you that from now on I will not drink of the fruit of the vine until the kingdom of God comes." 19 And he took bread, and when he had given thanks, he broke it and gave it to them, saying, "This is my body, which is given for you. Do this in remembrance of me." 20 And likewise the cup after they had eaten, saying, "This cup that is poured out for you is the new covenant in my blood. embrace of Him. He wanted them to stop, take a moment, and reflect on what He did on the cross for us. Jesus was telling them He was about to do all of this on the cross for them and for everyone. The guy that runs off at the end of the video is Judas. Jesus*



tells his disciples that one of them will betray him. Judas must have felt the awkward tension so he bolts.



We practice the Lord's Supper so we can do what Jesus commanded: to remember Him. That's why we stop and remember how Jesus died for us. We don't do it every week, we do it periodically throughout the year because we want it to be a special time of focusing on Him.

### **Who can do the Lord's Supper?**

At our church, only people who have made the decision to follow Jesus Christ and made Him their Savior, can take part in Holy Communion. It's not open to just anyone who wants to do it. We do this all together, so we can all be unified as a church body, remembering Jesus' terrible death on the Cross.

This is also a very serious time. You need to be respectful, quiet, and take time to pray and confess any sins you have in your life. You can also take time to thank God for the sacrifice of sending His only Son to rescue you.

### **What about the bread and wine?** *(provide bread and wine like you use in your service)*

We don't have the exact same bread and drink as Jesus did in the Bible, so we use pieces of bread and we use grape juice. If we didn't have access to those things, we could use Coke and crackers. They are just symbols to help us remember that Last Supper and Jesus' death on the cross.

**Memory Verse:** *"Every time you eat this bread and drink this*

*cup, you show others about the Lord's death until he comes."* 1 Corinthians 11:26

### **Closing**

The Lord's Supper is a special time we have as a church and as individuals. We should always take time, even when not doing the Lord's Supper, to remember Jesus' great sacrifice on the cross for us so that we could be with Him forever.