

OBJECTIVE:

In this lesson, the children learn how to depend on Jesus and be better Children to love others.

OPENING PRAYER (5 minutes)

Dear Lord Jesus, thank you for choosing me to teach me more about you! Help me to concentrate and understand while my parents teach me. Amen.

Note encourage your children to pray on their own.

SONG: (10 minutes)

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KEY VERSE

Psalm 147:5

"Great is our Lord and mighty in power; his understanding has no limit." (NIV)

Paul believed in Jesus Christ and depended on Him, he was a missionary who travelled to many different places to invite others to believe in Jesus. Paul shared his message with a group of people called the Colossians, and today we will learn how Paul depended on Jesus and how their obedience to God and love for others made a difference.

OBJECT LESSON (5 minutes)

Rely on God's power.

Theme Verse: Psalm 147:5 (NIV).

Supplies: One box of raisins, two clear drinking glasses (we found these work the best), a new can of soda pop and an old can of soda pop that is flat.

- Pour the new can of soda into one glass.
 Pour the flat soda into the other glass.
- 2. Let the kids take turns dropping raisins into the glasses and observing what happens.







- 3. The glass of flat soda should make the raisins drop to the bottom.
- 4. The glass of new soda should make the raisins rise and fall, almost slow dancing.

Note (Be careful to not add too many raisins to the carbonated glass. They tend to not rise and fall as well when there is a lot.)

Say: "The two glasses represent a person relying on God's power and a person relying on their own power. Which one is which?"

INTRODUCTION

What does it mean to rely on Jesus?

As children of God, we know we have to depend on Jesus for many things:

- 1. For salvation
- 2. For guidance
- 3. For forgiveness
- 4. For daily needs

But what does it mean to depend on him for everything?

- 1. It means that **Jesus is your Daily bread** Matthew 6:11 Our list of needs can feel so long! We might be awake at night trying to figure out how to get all the things that we need. But Jesus instructs us to make this request. "Give us this day our daily bread" (Luke 11.3 NIV). In others words this is where you need to come for your supply. Who is the supply? GOD!! Everything you ever need or want was provided for you on the cross. Jesus is your perfect supply.
- 2. **Jesus is your Rhema-** "Man shall not live by bread alone, but by every word that proceeds from the mouth of God" (Matthew 4:4 NIV) who do you Go to when you need advice? A Friend, A Family? It is wise to seek the input of others. But one thing is for sure, the final word should always be God's word. Proverbs 19:21 says, "There are many plans in a man's heart, nevertheless, the Lord's counsel—that will stand" (NKJV).
- 3. **Jesus is your I AM-** When someone uses the phrase "I am," they usually fill in the blank at the end. I am a teacher. I am a father. I am a Christian. But, in John 8:58, Jesus ended His description of Himself right there: "I AM." That's because He is everything—everything that has been or ever will be. When you say, "I need healing," Jesus says, "I AM your healing." When you say, "I need money to pay my bills," Jesus answers back, "I AM your provision." When you say, "I'm lonely, or sad. I need comfort," He says, "Most assuredly I say to you...I AM your peace and comfort."





Jesus is the answer to everything you'll ever need or want. He is your saviour, your healer, your Deliverer, your comforter, your shelter, your provider. Putting Jesus first and getting help from Him and Knowing He is your I AM, that is when you know you are relying on Jesus.

SCRIPTURE READING AND STORY

(25 minutes)

Colossians 1:3-14 (Love and obedience show that only Jesus can save.)

Colossians 2:6-15 (Living Through the Fullness of Christ.)

After the reading, let your child pick out/write down the difficult words in the passage. Now help them with the meaning and context of those words.

EXPLANATION

Colossians 1:3-14

- 1. Paul thankful for the Colossians because of their faith and love for others.
- 2. Their faith and love come from the hope of heaven, or salvation through Jesus Christ.
- 3. The gospel message, or the message of Jesus was growing and spreading throughout the world.
- 4. Epaphras taught the Colossians about Jesus.
- 5. Paul continually prays for the Colossians.
- 6. Paul does this so, the believers will be ready to obey God, love others, and have the strength to keep serving.
- 7. By asking God to forgive us for our sins, believing in Jesus, and serving Him we get to "share" the good things of God's kingdom.
- 8. God has rescued us from Darkness.





- 9. We need to be rescued because we sin and do bad things.
- 10. Jesus's death on the cross paid for our sins.

Conclusion: When we believe in Jesus, it becomes our responsibility to obey God, share His love with others, and spread the message of Jesus' death on the cross which paid for our sins. Because Jesus was resurrected, or came back to life, everyone can be saved! But some people do not know about Him, so we should tell everyone we know that only Jesus can save.

Colossians 2:6-15 (Living Through the Fullness of Christ.)

- 1. To live in Jesus means to rely on Him and obey Him. When we do this we are strengthened in faith, and overflowing with thankfulness.
- 2. We must stay away from hollow and deceptive philosophies.
- 3. We must think about the things of Christ.
- 4. God made us alive in Christ.
- 5. The cross is the ultimate triumph.

Conclusion: Only Jesus can make us complete! His victory over death makes it possible for us to persevere and rely on Him. And because we know that God has our best interests in mind, we can trust His plans and obey His word!

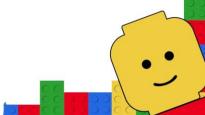
APPLICATION

Hold up a credit card and ask the class to discuss the various ways it can be used (to buy things, earn rewards, pay for medical expenses, etc.). Explain that one of the challenging things about having a credit card is using it appropriately because many people go into debt by charging the card for things they can't pay for. Further mention that sometimes a person's debt is so large that it's impossible to pay off without help. Tell the class that our sin is like an enormous credit card debt that we could never pay off no matter how long or hard we work. However, because Jesus died for our sins, our debt is "cancelled!" We can show an appreciation for Jesus' sacrifice by being thankful and sharing His truth and love with others.

CREATIVITY BOX

You can suggest your child to draw whatever they understood from the Bible passage and the story they heard today.







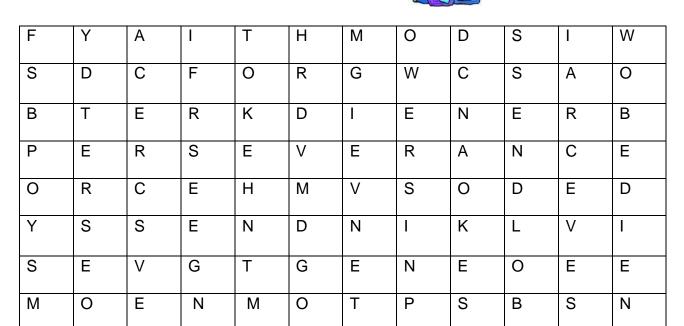
ACTIVITY:



(10 minutes)

Depend on Jesus

Use the word bank to find the words in the puzzle.



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FAITH PERSEVERANCE STRENGTH

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OBEDIENCE KINDNESS MERCY WISDOM

LOVE FORGIVENESS BOLDNESS

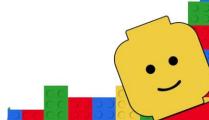
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Application:

Colossians 2:6-15 tells us to turn from "hollow and deceptive philosophy," or relying on earthly things, and depend on Jesus. The words in the puzzle reflect a heart that seeks after God, not the world. When we feel like we are being dragged away into sin or temptation, we can remember God's Word and His promise to always help us.







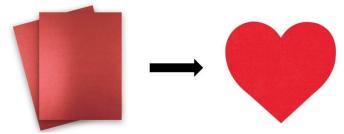
The missing piece

Objectives: to show that without Jesus we are incomplete and only Jesus can make our life complete.

Things you will need:

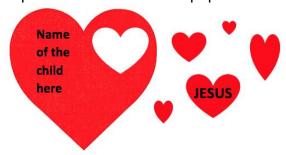
- 2 color paper
- A scissor
- A marker

Step 1: Take a color paper and cut it in big heart shape using scissor



Step 2: Cut a small heart from the heart in step 1 and write **Jesus** in the small heart and keep it in the side.

Step 3: Take another color paper and cut small hearts of different shapes and sizes.



Now try matching the hearts with the missing heart in the big heart. Which heart matches the blank space?

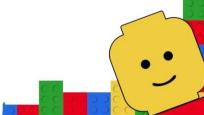
Conclusion: The big heart is your heart and the small hearts are everything else you love in your life. Jesus is the missing piece.

There is nothing else in this world other than Jesus who can satisfy us and fill our life with joy, peace and happiness. ONLY JESUS CAN COMPLETE YOU.

MEMORY VERSE: (10 minutes)

"For He has rescued us from the dominion of darkness and brought us into the kingdom of the Son He loves." Colossians 1:13 NIV





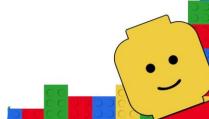


DISCUSSION: (15 minutes)

- 1. What does it mean to "live in" Jesus? (Rely on Him and obey Him.)
- 2. What happens when we do this? (We receive strength, faith, and thankfulness.)
- 3. What kind of thinking should we stay away from? (Hollow and deceptive philosophies, human traditions.)
- 4. What is an example of a human tradition? (Cheating on a test, making fun of someone, lying for a personal benefit, etc.)
- 5. Instead, what should we think about? (The things of Christ!)
- 6. What is an example of this? (Being kind and helping others, seeking forgiveness instead of revenge, making sacrifices instead of demands, etc.)
- 7. How does Jesus make us "full?" (Because He is Lord over all, He helps us deny worldly desires, He strengthens our faith, etc.)
- 8. Who made us alive in Christ? (God.)
- 9. What is our "cancelled charge?" (Sin.)
- 10. What is the ultimate triumph? (The cross/Jesus' death and resurrection.)

Conclusion: Only Jesus can make us complete! His victory over death makes it possible for us to persevere and rely on Him. And because we know that God has our best interests in mind, we can trust His plans and obey His word!







CRAFT

JESUS CRAFT (STICK FISH)

What you will need

Popsicle sticks

Googly eyes

Paint

Paint brush

Glue

Colored paper

Colored Pencils/ Markers

Decorative stones.

How to make the stick fish:

Write Jesus on a paper with color pens/pencils/markers. Glue the sticks together like a fish. Attach the googly eyes.



CLOSING PRAYER

(5 minutes)



